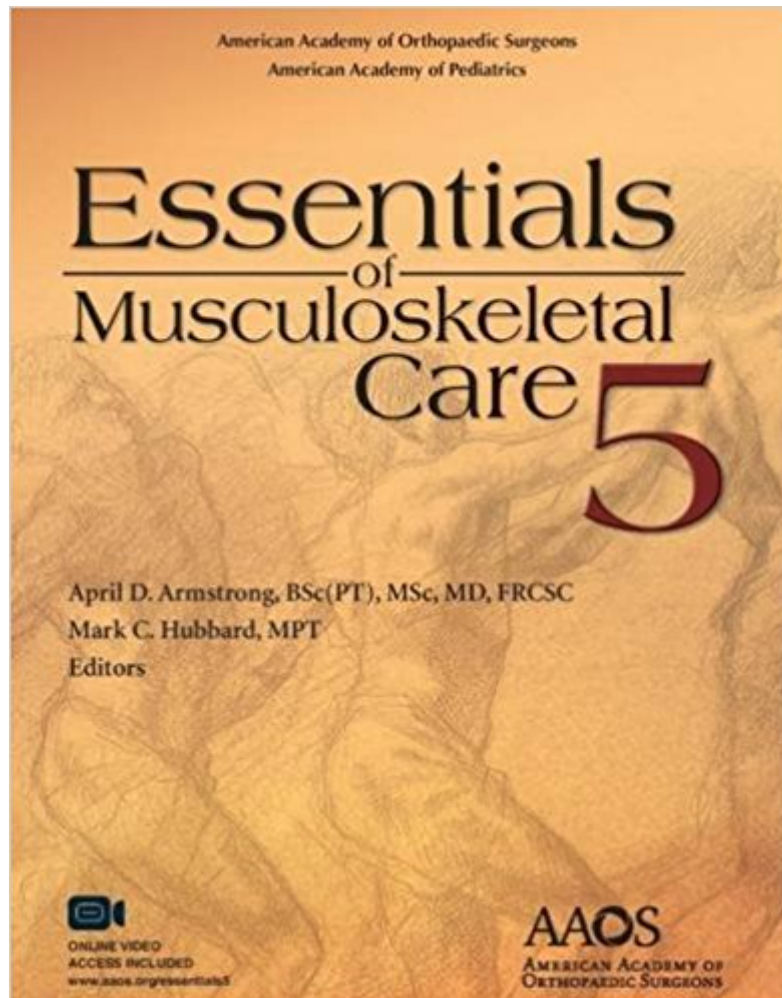




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# Essentials Of Musculoskeletal Care, 5th Edition



## Synopsis

The newly revised 5th edition of *Essentials of Musculoskeletal* is the practical, go-to guide to confidently evaluate and treat more than 300 complaints and conditions. Combining stepwise instruction, comprehensive coverage, and an unparalleled collection of videos and exercises this new edition offers the information needed to make confident point-of-care decisions. The 5th edition offers a companion website with more than 200 video demonstrations to show you what you need to know, and patient exercise programs to enlist your patients in their own recovery and return to activity. The 5th edition features: Completely revised and updated text with step-by-step instruction and helpful illustrations to offer visual confirmation Consistent information throughout each section includes definitions, symptoms, tests, differential diagnosis, treatments, adverse outcomes, referral decisions, and red flags Problem/solution format and concise presentation of content delivers the necessary information to quickly and logically inform your protocol Companion website with more than 200 video demonstrations of physical examination techniques and special tests plus procedures for aspirations and injections with vivid anatomical overlays Downloadable and customizable PDF patient exercise programs for your patients able to be printed or emailed The go-to guide for anyone diagnosing and managing common aches, pains, and complaints Intuitively organized by anatomical area and presented in a user-friendly progression from evaluation to management, *Essentials of Musculoskeletal Care* is trusted and sought after by physician assistants, nurse practitioners, physical therapists, physiatrists, internists, osteopathic physicians, rheumatologists, pediatricians, sports medicine specialists, athletic trainers, kinesiologists, primary care physicians, medical students, and residents. Know how to handle it and when to refer Organized to help navigate the patient encounter from first visit through treatment so you can understand your patient's concern, evaluate it expertly, diagnose it accurately, and manage it successfully. Critical advice for when to refer to a specialist for surgical management is also included. Strengthens your curricula and your students' patient care Educators and students agree that *Essentials of Musculoskeletal Care* is the preeminent primary care resource, offering one of the few tools that go from the classroom to the clinic. Authoritative, multi-disciplinary guidance you can trust Written and edited by a multi-specialty team, including orthopaedists, physical therapists, and pediatricians including contributors from the American Academy of Pediatrics. Our collaborative approach provides well-rounded advice and direction.

## Book Information

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## Customer Reviews

For \$175, you better read the reviews first!!!My perspective: I am a 4th year medical student.Pros:-Good breadth of outpatient orthopedic issues are covered-Consistent formatting ensures information is accessible in a rapid manner-Very readable, usually having just the right amount of information needed to breeze through a subject and still feel smart about it-Home exercises information is very useful appears to be easily accessible, haven't tried to print anything out yet-Includes joint injection techniques-Paper quality is thick and probably would withstand highlighter/pen marks well-Officially backed by the American Academy of Orthopedic Surgeons, so it has a good pedigree-Online access, which is nontransferable.Cons:-No information on surgical techniques. Outpatient only.-Other reviewers have complained about the binding. I haven't had issues with it so far, but haven't had it long-Sometimes it can be a little bit too brief. It usually only gives a few sentences in each section of some conditions-While it looks nice and it is very readable, there is frankly a lot of white space. The margins for the word space leave more than 2 INCHES of white space adjacent to the wording on the unbound side of the page! This makes the book much longer than it needs to be.Overall:The book is a great summary of the common, and some not-so-common, orthopedic diagnoses seen in the outpatient setting. If you are dedicated enough, you could probably read it in a week despite its seemingly large size. It actually doesn't have an overwhelming amount of content in it and could probably have been reduced to a 600 page soft-cover book that's only \$70. The book is extremely practical, though, for its intended audience. Pain diagrams display the common etiologies of pain in various locations; home exercise chapters include introductory exercises, their duration, and the typical reps/sets for each; injection techniques

are well explained. The diagnosis sections usually include the best type and angle of imaging, especially X-Ray views, occasionally with pictures that show the patient positioning. Comparison books: Lippincott's Primary Care Orthopedics - Essentials wipes the floor with this book due to its much more extensive diagnoses list, home exercises, and similar readability. Handbook of Fractures - Both discuss a lot of the common fractures and their treatments. I think the fracture handbook might have some more details about types of splints/casts.

Excellent resource on musculoskeletal diagnoses with great photographs of various tests. Highly recommend.

Best Ortho book out there for primary care

This is the best musculoskeletal book. It is expensive but well worth the price. The pictures and patient teaching hand outs are very helpful. It is a big book but well organized.

was an upgrade to a very old version. well done

Very helpful for a new provider in reviewing the basics. Well organized

It's the bible of Ortho in our FP office. I gave the 4th edition to the wife and I used that one a lot. Have not had a chance to look through this enough yet to know if there were a lot of changes, but either way, this is one of the better ortho books out there for FP.

I'm happy, it came as advertised.

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